

CURLSASK



Under-20

- Boys and Girls division
- – **Curlers under 20 years of age as of June 30, 2026, are eligible**
 - **Date of birth: July 1, 2006, or later**
- Regular 4 person games
- 8 Ends, if games are tied an extra end will be played
- 5 Rock Rule and No-Tick are in effect
- 4th end break

Under-20 Mixed Doubles

- – **Curlers under 20 years of age as of June 30, 2026, are eligible**
 - **Date of birth: July 1, 2006, or later**
- 8 Ends, if games are tied an extra end will be played
- 5 Rock Rule and No-Tick are in effect
- 4th end break

Coaching Rules

- See Curling Canada coaching rules
Note – Coaches will be positioned at the end towards which rocks are thrown unless the facility doesn't now allow this to be possible. Coaches who sit inside will not be allowed coach interactions during this time. All time clock information will not apply to the Curlsask Jr Tour Sask Cups unless otherwise notified, but will apply to the Provincial Championships and therefore pace of play should always be front of mind. Pre-game practice and Last Stone Draw processes for the Curlsask Jr Tour will not follow the Curling Canada National Championship processes due to draw differences – this and other information will be relayed in the Team Information Documents sent to coaches prior to each event.



Coaching Requirements

- 1) All U20 Spiel Coaches must have Respect In Sport <https://sasksrc.respectgroupinc.com/> as well as an up to date (within 4 years) Criminal Record / Vulnerable Sector check
- 2) Minimum Competition Coach “Trained” status for Provincial Championships.

Brush Head Moratorium

- 1) The brush head moratorium is mandatory at this age level. For events leading to National Championships, including U18, U20, U20 MD's - please refer to the current moratorium link for more information:

: <https://www.curling.ca/high-performance/brush-head-moratorium/>

***Draw ranking for the U20 Provincial Championships will be based on each team's win percentage in SaskCup Curlsask Junior Tour events only.**

****SaskCup 1 (U20 4 person only) - Champions will be invited to the Excel Cup in Okotoks Alberta 2027 – date TBD (Runners up if Champions cannot attend)**